	Basingstoke Wellbeing Walks											
	October 2026											
	For more information please email: walks@bvaction.org.uk											
WALK	STARTING PLACE	PACE	LENGTH	DAY	START	DATES						
Walks on Mondays												
No walks currently planned												
Walks on Tuesdays												
Oakley Woodland	Village Pond RG23 7HP (13th) , East Oakley Village Hall 'Green Hut'] RG23 7JJ (27th)	Medium	Medium	Tuesday	10:00 AM	13th, 27th October						
Monthly Wellbeing Walk Oakley	East Oakley, St John's Churchyard, RG23 7DU	Medium	Medium	Tuesday	10:00 AM	20th October						
Seniors Wellbeing Walk Buckskin	The Ridgeway Centre, Buckskin RG22 5BW	Slow	Medium	Tuesday	9:15 AM	6th, 13th, 20th, 27th October						
Walks on Wednesday												
Aquadrome - Medium	Aquadrome Café (inside doors on left) RG22 6PG	Medium	Medium	Wednesday	11:00 AM	7th, 14th, 21st, 28th October						
Aquadrome - Fast	Aquadrome Café (inside doors on left) RG22 6PG	Fast	Medium	Wednesday	11:00 AM	7th, 14th, 21st, 28th October						
Beggarwood	Café, The Park Broadmere Lane, RG22 4AQ	Medium	Medium/ Long	Wednesday	11.00 AM	7th October						
Walk Together	Basingstoke Sports & Social Club	Medium	Medium	Wednesday	18:15 PM	14th October						
Walks on Thursdays												
Baughurst	Baughurst Scout Hut, The Den, Ash Lane RG26 5PW	Medium	Long	Thursday	10.30 AM	8th, 22nd October						
Down Grange	Walled Garden Down Grange - meet by Hockey Club Pavilion) accessible from Pack Lane RG22 5SN.	Medium	Medium/ Long	Thursday	11:00 AM	1st, 8th, 15th, 22nd, 29th October						
Pamber Heath	Car Park @ Pamber Heath Memorial Hall, Pamber Heath Road, Pamber Heath RG26 3TQ	Medium	Medium/ Long	Thursday	10:30 AM	1st, 15th October						
Walks on Fridays												
Rooksdown	Costa Coffee at Rooksdown RG24 9RG	Medium	Medium	Friday	13:00 PM	2nd, 9th, 16th, 23rd, 30th October						
Walks on Saturday												
Chineham/Old Basing Area	Ladies only walk - for further information call 01256 423816 or email walks@bvaction.org.uk	Medium	Medium	Saturday	10.30 AM	10th, 24th October						
Walks on Sundays												
No walks currently planned												