	Basingstoke Wellbeing Walks											
	May 2026											
	For more information please email: walks@bvaction.org.uk											
WALK	STARTING PLACE	PACE	LENGTH	DAY	START	DATES						
Walks on Mondays												
No walks currently planned												
Walks on Tuesdays												
Oakley Woodland	Village Pond RG23 7HP (12th) , East Oakley Village Hall 'Green Hut'] RG23 7JJ (26th)	Medium	Medium	Tuesday	10:00 AM	12th, 26th May						
Monthly Wellbeing Walk Oakley	East Oakley, St John's Churchyard, RG23 7DU	Medium	Medium	Tuesday	10:00 AM	19th May						
Seniors Wellbeing Walk Buckskin	The Ridgeway Centre, Buckskin RG22 5BW	Slow	Medium	Tuesday	9:15 AM	5th, 12th, 19th, 26th May						
Walks on Wednesday												
Aquadrome - Medium	Aquadrome Café (inside doors on left) RG22 6PG	Medium	Medium	Wednesday	11:00 AM	6th, 13th, 20th, 27th May						
Aquadrome - Fast	Aquadrome Café (inside doors on left) RG22 6PG	Fast	Medium	Wednesday	11:00 AM	6th, 13th, 20th, 27th May						
Beggarwood	Café, The Park Broadmere Lane, RG22 4AQ	Medium	Medium/ Long	Wednesday	11.00 AM	6th May						
Walk Together	Basingstoke Sports & Social Club	Medium	Medium	Wednesday	18:15 PM	13th May						
Walks on Thursdays												
Baughurst	Baughurst Scout Hut, The Den, Ash Lane RG26 5PW	Medium	Long	Thursday	10.30 AM	14th, 28th May						
Down Grange	Walled Garden Down Grange - meet by Hockey Club Pavilion) accessible from Pack Lane RG22 5SN.	Medium	Medium/ Long	Thursday	11:00 AM	7th, 14th, 21st, 28th May						
Pamber Heath	Car Park @ Pamber Heath Memorial Hall, Pamber Heath Road, Pamber Heath RG26 3TQ	Medium	Medium/ Long	Thursday	10:30 AM	7th, 21st May						
Walks on Fridays												
Popley	Shakespeare Medical Centre RG24 9DT	Slow	Medium	Friday	11:00 AM	1st, 8th, 15th, 22nd, 29th May						
Rooksdown	Costa Coffee at Rooksdown RG24 9RG	Medium	Medium	Friday	13:00 PM	1st, 8th, 15th, 22nd, 29th May						
Walks on Saturday												
Chineham/Old Basing Area	Ladies only walk - for further information call 01256 423816 or email walks@bvaction.org.uk	Medium	Medium	Saturday	10.30 AM	9th, 23rd May						
Walks on Sundays												
None currently												