



## Companionship phone calls

Not having someone to talk to regularly can be lonely, especially during the current time with COVID-19 lockdown.

So, a friendly weekly chat on the phone can make all the difference

### How does it work?

If you'd enjoy speaking to someone on the phone each week, sign up and register your interest (or refer someone else) by calling

**01256 423874**

or emailing

[basingstokeoffice@ageconcernhampshire.org.uk](mailto:basingstokeoffice@ageconcernhampshire.org.uk)

We will ask you a few questions to find out a bit about you.

This means that we can find you a likeminded person who has similar interests and hobbies to you.

Then connect the two of you to begin your weekly calls.

These weekly companionship phone calls are for older people living in Basingstoke and Deane. Our volunteer callers can offer friendly conversation and a listening ear, but not advice or counselling.

Our companionship callers are all DBS checked